

# Invitation to the Annual WSY Kick Off Classic Swim Meet

SUNDAY, October 18, 2009  
*at the Cumberland Valley High School Natatorium  
Mechanicsburg, PA*

**Purpose:** To provide swimmers with an early opportunity to establish times in the beginning of the year.

**Facilities:** The Cumberland Valley High School Natatorium has an eight (8) lane 40 meter pool divided by a bulkhead at 25 yards with warm-up/warm-down area opposite competition pool. A fully automatic Colorado 6 timing system with display board will be used. We will be using Hy-Tek meet management software. Adequate deck space is available for all swimmers. Spectator seating is available in gallery area above pool. Photos of the pool may be found on our web site.

**Entries:** This meet is open to all swimmers that are registered members with the clubs/YMCA's invited. Each swimmer may swim a maximum of four (4) individual events. The swimmers age will be determined as of December 1, 2009. All entries should be submitted on disk using the **Hy-Tek Team Manager software**. The file containing the events for this meet may be downloaded from our web site [www.wsyswim.org](http://www.wsyswim.org). If you do not have access to the Hy-Tek software, please use the attached entry forms. Be sure to indicate if your entry times are in yards (Y) or meters (M). Entries, for which a swimmer has no time, must be entered with a NT in the space provided for the entry time. The number of entries for this meet will be limited. Entries may be faxed or e-mailed, however hard copy and payment must follow within three (3) days.

**Closing Date:** Entries must be received no later than **Monday, October 12, 2009**. Entries will be taken on a first come-first serve basis to keep within our pre determined time line.

**Entry Fees:** \$4.00 per individual event. (NOTE: If you will NOT be entering using the Hy-Tek software, the entry fee is \$5.00 per individual event). Please send one (1) check for the total amount of your team entry. Make all checks payable to **West Shore YMCA**. Entry packages, and payment should be sent to:

**WSY Swimming**  
C/O Michael Gobrecht  
**410 Fallowfield Road**  
**Camp Hill, PA 17011-4900**  
**FAX (717) 728-3561**  
**E-Mail: [Mike@wsyswim.org](mailto:Mike@wsyswim.org)**  
**Phone: (717) 514-2287**

**Meet Admission:** Cost of admission is \$2.00 per person (under 12 free) and a program is \$3.00.

**Meet Rules:** The WSY Annual Kick Off Classic Swim Meet is governed by the current 2009 USA Swimming Technical Rules. This meet is also an "Accepted Meet" by Middle Atlantic Swimming, therefore the times achieved at this meet may be used for entry into other Middle Atlantic swimming meets including Junior Olympics. All events will be timed finals. There will be no false start. There will be a coaches meeting prior to the start of the session. It will be the coach's responsibility to get their swimmers to the seeding area prior to the start of each event. All swimmers will be on the pool deck for this meet. ***There will be no gymnasium utilized.***

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## Meet Time Line:

- 8-9am** Pool Open for General Warm-up Session I (8 & Under/9-10 aged swimmers)
- 9-12noon** Meet to be swum all 10 & Under swimmers
- 12:30-1:30p** Pool Open for General Warm-up Session II (11 and over aged swimmers)
- 1:40-6pm** Meet to be swum all 11 and over swimmers

**We will email all teams should this timeline need adjusted in any way**

**Safety Notice** – There will be **NO DIVING** from the shallow end (non-block end) at any time during warm-ups or during the meet. There will be **NO DIVING** from the starting blocks and no backstroke starts during the warm-up session, with this exception: Limited diving and backstroke starts from the starting blocks in sprint lanes will be permitted, BUT only when announced. These rules follow National YMCA Warm-Up Safety procedures.

**Timers** – Each team is requested to supply the name of one (1) timer. Thank you in advance for your help.

**Awards:** Custom made Rosettes (1<sup>st</sup> – 3<sup>rd</sup>), Custom Ribbons (4<sup>th</sup>-8<sup>th</sup>)

**Meet Announcements** - All pre-meet announcements including warm-up times/lanes, teams participating, meet psych sheets, and other pre-meet information may be found on our web site. [www.wsyswim.org](http://www.wsyswim.org). All results, and coaches download files will be posted on

our web site immediately following the meet. **We will NOT mail printed results.**

**Concession Area** – We will have a concession area with an assortment of items available during the entire meet.

**Directions** - **FROM THE NORTH & EAST:** Route 81 going south – proceed to the Mechanicsburg /route 114 exit(57) - turn left off ramp – continue to route 11 south Carlisle Pike) – turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. The pool is located in front of the gym.

**FROM THE WEST & SOUTHWEST:** Route 81 going north – proceed to the Mechanicsburg route 114 exit(57) –turn R.H. at end of ramp– continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. The pool is located in front of the gym.

**FROM THE WEST & SOUTHWEST:** Route 81 going north – proceed to the Mechanicsburg /route 114 exit(57) –turn R.H. at end of ramp– continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. The pool is located in front of the gym.

**FROM THE SOUTH & FROM THE PA TURNPIKE:** Route 83 north to the Camp Hill exit – that puts you on route 581 west – continue on 581 until it joins with 81 south – proceed to the Mechanicsburg /route 114 exit(57). Turn left at the end of ramp onto route 114 –continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park.

**WSY Competitive Swimming** | 410 Fallowfield Road | Camp Hill, PA 17011-4900

<http://yswim.org>

[mike@wsyswim.org](mailto:mike@wsyswim.org)



# Invitation to the Annual WSY Kick Off Classic Swim Meet

SUNDAY, October 18, 2009 Session 2  
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Girls Event #	Event	Boys Event #
45	11-12 200 IM	46
47	13-14 200 IM	48
49	Senior 200 IM	50
51	11-12 50 Free	52
53	13-14 50 Free	54
55	Senior 50 Free	56
57	11-12 50 Back	58
59	13-14 100 Back	60
61	Senior 100 Back	62
63	11-12 200 Free	64
65	13-14 200 Free	66
67	Senior 200 Free	68
69	11-12 50 Breastroke	70
71	13-14 100 Breastroke	72
73	Senior 100 Breastroke	74
75	11-12 50 Fly	76
77	13-14 100 Fly	78
79	Senior 100 Fly	80
81	11-12 100 Freestyle	82
83	13-14 100 Freestyle	84
85	Senior 100 Freestyle	86



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<u>Boys</u>	<u>Name of event</u>	<u>Girls</u>
1	9-10 50 yard freestyle	2
3	8 yr. 25 yard freestyle	4
5	7 yr. 25 yard freestyle	6
7	6 & under 25 yard freestyle	8
9	9-10 50 yard backstroke	10
11	8 yr. 25 yard backstroke	12
13	7 yr. 25 yard backstroke	14
15	6 & under 25 yard backstroke	16
17	9-10 50 yard breastroke	18
19	8 yr 25 yard breastroke	20
21	7 yr. 25 yard breastroke	22
23	6 & under 25 yard breastroke	24
25	9-10 50 yard butterfly	26
27	8 yr. 25 yard butterfly	28
29	7 yr. 25 yard butterfly	30
31	6 & under 25 yard butterfly	32
33	9-10 100 yard IM	34
35	8 yr. 100 yard IM	36
37	7 & under 100 yard IM	38
39	9-10 100 yard freestyle	40
41	8 yr 50 yard freestyle	42
43	7 & under 50 yard freestyle	44



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## Entry Check List

To be submitted with your entry

### Team Information:

Team Name: \_\_\_\_\_

Coach: \_\_\_\_\_

Entry Contact Person: \_\_\_\_\_

Contact Person Phone: \_\_\_\_\_

Contact Person e-mail: \_\_\_\_\_

Coach e-mail: \_\_\_\_\_

Number of Swimmers attending: \_\_\_\_\_

Number of Individual events: \_\_\_\_\_ X \$4.00 \_\_\_\_\_

**NOTE:** If you are NOT entering on disk, please multiply your total number of events entered by \$5.00



Total of your check: \_\_\_\_\_

**Make all checks payable to West Shore YMCA**

## TEAM MANAGER Lite

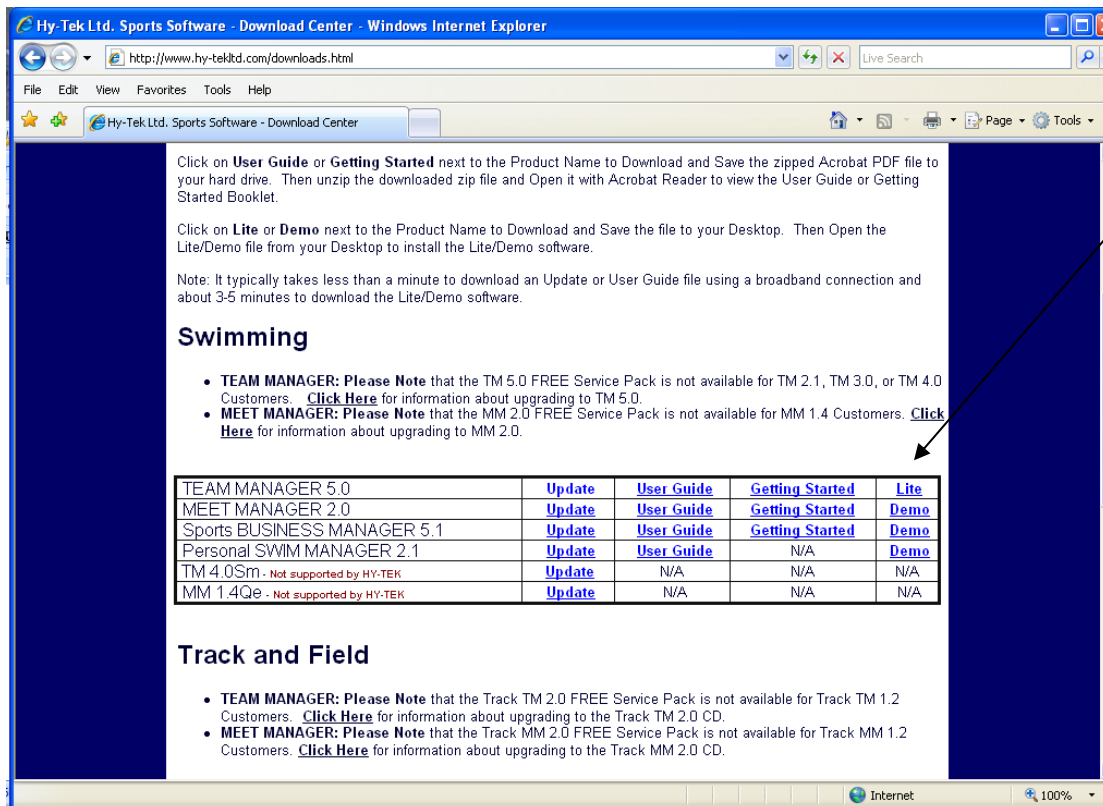
**TEAM MANAGER Lite** is software designed for a **meet host to distribute to teams** entering the meet so that those teams can send their meet entries to the meet host electronically by disk or over the Internet. **TM Lite** is provided **FREE** to a meet host using **MEET MANAGER** to distribute to the teams entering the meet. The meet host can create TM Lite product CDs to distribute to the participating teams or purchase additional TM Lite CDs from our Sales Office. The participating teams can also download and install TM Lite right from our web site - [Click Here](#) to download TM Lite.

**TEAM MANAGER Lite** is basically **TEAM MANAGER** with the following features enabled:

- \* Standard Set-Up and Options Features
- \* Enter Teams, Athletes, Relays, Meets and Browsers
- \* Specifying Meet Entry Custom Times by Event or by Name
- \* Import of Meet Events from a MEET MANAGER Database
- \* Export of Meet Entries to send to the meet host by diskette or over the Internet
- \* Meet Entry Report

**Please note that TM Lite is supported only by email.**

[Click Here](#) to view the **TM Lite Instructions** in Acrobat format.



Click on **User Guide** or **Getting Started** next to the Product Name to Download and Save the zipped Acrobat PDF file to your hard drive. Then unzip the downloaded zip file and Open it with Acrobat Reader to view the User Guide or Getting Started Booklet.

Click on **Lite** or **Demo** next to the Product Name to Download and Save the file to your Desktop. Then Open the Lite/Demo file from your Desktop to install the Lite/Demo software.

Note: It typically takes less than a minute to download an Update or User Guide file using a broadband connection and about 3-5 minutes to download the Lite/Demo software.

### Swimming

- **TEAM MANAGER:** Please Note that the TM 5.0 FREE Service Pack is not available for TM 2.1, TM 3.0, or TM 4.0 Customers. [Click Here](#) for information about upgrading to TM 5.0.
- **MEET MANAGER:** Please Note that the MM 2.0 FREE Service Pack is not available for MM 1.4 Customers. [Click Here](#) for information about upgrading to MM 2.0.

TEAM MANAGER 5.0	<a href="#">Update</a>	<a href="#">User Guide</a>	<a href="#">Getting Started</a>	<a href="#">Lite</a>
MEET MANAGER 2.0	<a href="#">Update</a>	<a href="#">User Guide</a>	<a href="#">Getting Started</a>	<a href="#">Demo</a>
Sports BUSINESS MANAGER 5.1	<a href="#">Update</a>	<a href="#">User Guide</a>	<a href="#">Getting Started</a>	<a href="#">Demo</a>
Personal SWIM MANAGER 2.1	<a href="#">Update</a>	<a href="#">User Guide</a>	N/A	<a href="#">Demo</a>
TM 4.0Sm - Not supported by HY-TEK	<a href="#">Update</a>	N/A	N/A	N/A
MM 1.4Qe - Not supported by HY-TEK	<a href="#">Update</a>	N/A	N/A	N/A

### Track and Field

- **TEAM MANAGER:** Please Note that the Track TM 2.0 FREE Service Pack is not available for Track TM 1.2 Customers. [Click Here](#) for information about upgrading to the Track TM 2.0 CD.
- **MEET MANAGER:** Please Note that the Track MM 2.0 FREE Service Pack is not available for Track MM 1.2 Customers. [Click Here](#) for information about upgrading to the Track MM 2.0 CD.